

A Beginner's Guide to Animal Communication

HOW TO TALK WITH YOUR PETS

By Alison Martin





animal
soul
connectionSM

HOW TO TALK WITH YOUR PETS A BEGINNER'S GUIDE TO ANIMAL COMMUNICATION

Can you imagine, instead of simply guessing what your pet is thinking, feeling, and needing from you, that you're able to finally understand what they really want you to know?

They want to share their love for you, what brings them joy, their most important needs, their frustrations, and how you can help them live their best life possible. Your pets also have incredible insight about how to make your life better and how they are supporting and wanting to guide you!

When you're able to telepathically communicate with your own animals, when you want to and need to most, you'll discover peace of mind and be able to end the uncertainty you feel.

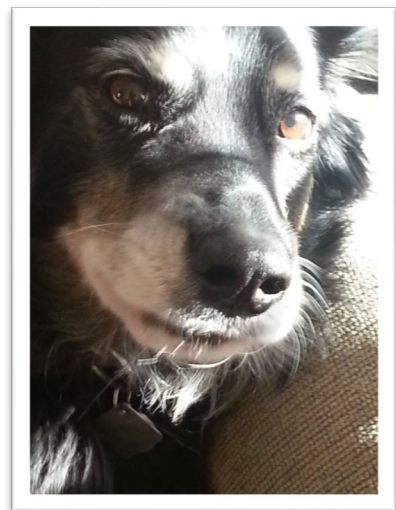
You'll be amazed at how simple it is to receive impressions and messages from animals and understand how you have already been doing this.

I invite you to join me in this inspiring and magical experience of learning how to have two way conversations with your own animal family.

Let's get started!

I'm going to share a brief overview about how animals communicate with each other and with us.

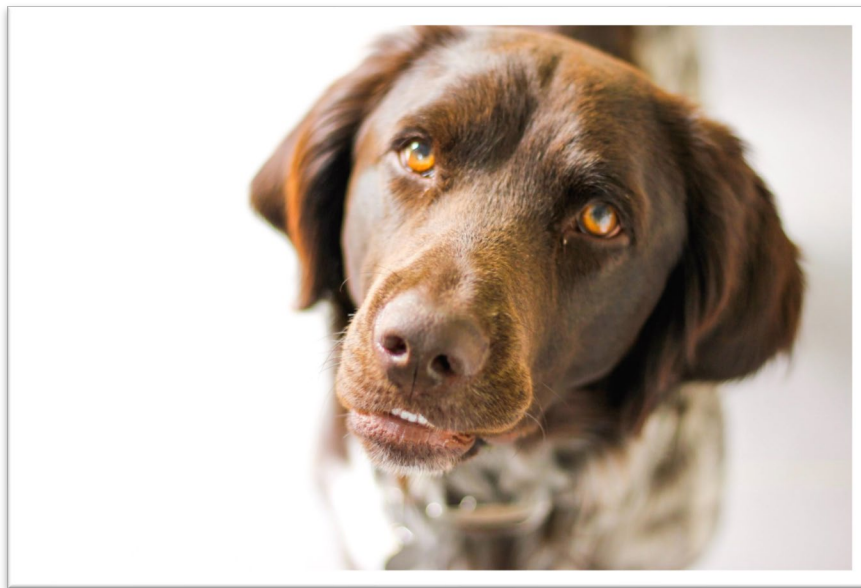
Then, I'll explain how you can tap into your natural intuitive senses and connect with your animal companion.



Next, I'll share how you can help to improve your animal's life by learning how to connect on a deeper level. No worries, it simply takes love from your heart and some practice.

I'll give you some beneficial ways to put what you've just learned into daily living with your animal. You'll see how their behavior changes and how your relationship is even better...even if it's already fantastic to begin with!

How animals communicate with each other and with us...



I'm guessing that at some point in sharing your life with your animal friend you've wondered if they were reading your mind. For example: How did my dog know I was thinking about going for a walk? Or, how did my cat know we were going to the vet and then go hide under the bed?

Most likely, you passed this off as a coincidence, although this has happened time after time. What was really happening is you and your pet were communicating telepathically. Your dog telepathically received your message about going for a walk!

Animals communicate with each other, and with us, telepathically by using their natural intuitive abilities. They are able to understand the pictures and thoughts we have in our minds as well as our feelings. Animals communicate the same way with each other, in addition to their body language.

Telepathy is not metaphysical nonsense, it is real and is the language of the Universe. Defined, telepathy simply means - distant feeling.



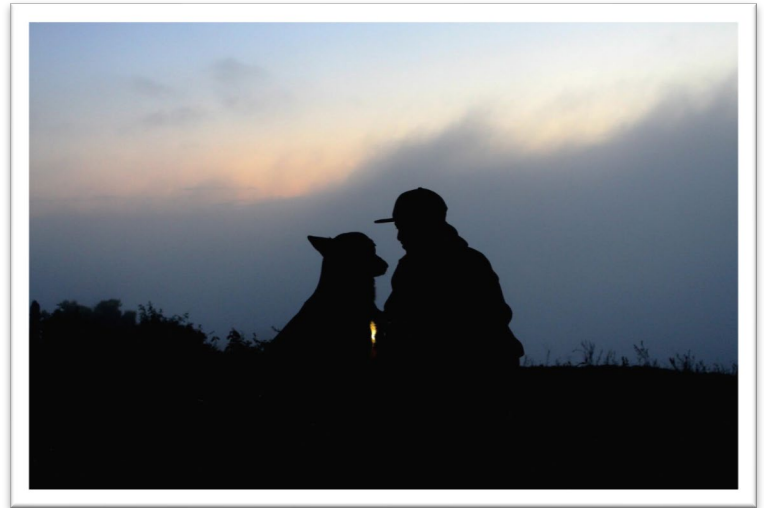
You just need to learn how to listen to your pets by using an open mind, an open heart, and with humility and respect.

How you are already tapping into your intuitive ability...

Have you ever known who was on the other end of the phone before you answered it?

Have you thought about someone and then saw them at the store later that day?

Did you think about your dog chewing up another brand new dog bed and then sure enough, he chewed the bed?



You are communicating telepathically without realizing it.

Before I began my journey and studies with animal communication, I realized I had created an experiment of my own while walking two of our dogs.

On our walk there is a place where we can veer to the left and go over a bridge above a lake. Or, we can continue walking straight ahead on our path.

I started thinking in my head either, 'let's go over the bridge', or 'let's go straight'. I kept a very loose leash on both dogs so I did not influence their choice.

Right away, they both began choosing the thought that I was sending them.

Well, I got quite excited about this as I knew this was just the tip of the iceberg! By thinking of the route and also picturing the three of us going in that direction, we became a telepathic team.

You may begin to see the unlimited possibilities here and create your own experiments. I encourage you to play with this, have fun and begin to see the boundless benefits of telepathically communicating with your animal companions.



How to begin communicating with your animal companion...



First, just relax! You love your pets and they love you, unconditionally.

You are about to begin a truly heartwarming exercise that will deepen your bond with each other.

When we communicate telepathically we are simply sending and receiving energy. I believe the most important aspect of this beautiful connection is that we come from a loving place in our heart, and that we believe we indeed have the natural intuitive ability we were born with.

The intention of this exercise is not for you to learn to fully communicate with your animal in a few simple steps. We'll need more time together to develop your skills and practice, but my hope is that you will see the beauty in opening your heart and mind to a new way of connecting with your animal family!



Quiet your mind

You do not have to become a meditation guru or go into a trance to do this. I simply mean, take some time to just be quiet with no distractions.

Your animal does not need to be physically present because we can share energy across the planet if we choose.

Take a few deep breaths until you feel your shoulders relax. Intuition and intention go hand in hand. Create a gentle intention to connect with your pet. This intention comes from mutual respect and a place of humility within you. Our intention is not to be intrusive when we are connecting with an animal, but to be mindful with our heart open.

Open your heart and listen using your senses

I've created a framework for guiding you called *SOUL Connection*.

S = Sensing. When communicating with animals, we utilize our senses; our sense of knowing, seeing, hearing and feeling. Being open to all of our senses encourages us to truly Be Present with an animal. Think about highly tuned an animal's senses are compared to ours and know you can develop your own abilities to feel into these senses on a whole new level.

O = Opening. We open our heart and mind when communicating with animals. We are in a relaxed, open state of mind and body. Picture a cord of light extending from your heart to your pet's heart and know that you *are* energetically connected.

U = Understanding. One of the main purposes of animal communication is to understand the animal. What they are thinking, feeling, needing, wanting and what they want us to know and understand. Telepathic communication is simple, not forced, quick, and can even be surprising. One of the biggest keys is to learn to *trust* what information and impressions you receive from an animal.

L = Listening. When we communicate with an animal, we do so with humility and respect. We listen without making assumptions or having judgments. This is a sacred time together.

You may find it helpful to close your eyes. This will help you see with your mind's eye.

It's important to always ask permission from an animal before jumping right in and asking questions, so please inquire if this is a good time to connect, and *trust* what you receive.

If you have a specific question for your animal friend, you can send the question by simply thinking it in your head.



Begin with something simple. Maybe you'd like to know what Max thinks about his new food? Or where is Trixie's favorite place to sleep? The answers you get may surprise you or they may be what you expected.

The answer isn't necessarily the key for now. It's the fact that you are now opening your heart and soul to your animal friend in a new and deeper way.

You may receive a picture, a feeling or words from the animal. Trust what you receive.

Acknowledge the information you received from your pet. This is a two-way conversation and rather than guessing or questioning what you are getting, you can simply ask your pet for clarification.

When you are ready to complete your connection, please thank the animal for their willingness to connect with you. Remember, we connect from our heart with great respect and honor for the animal.

How to improve your pet's life using these skills...



I encourage you to think about using this knowledge to help improve your animal friend's life in many ways. I have a just a few examples here for you so you can see how easy this is to improve your pet's life...but the possibilities are truly endless.



Litter box issues

If you and your cat are miserable and your relationship is suffering because he is urinating outside of the litter box, you can use your telepathic senses to talk with him about this (a gentle reminder to always rule out any physical issues with your veterinarian).

As you learned earlier, animals communicate with thoughts, pictures and feelings. You may be unconsciously sending your cat the wrong message.

Here is what is common - we worry about the litter box issue and hope our cat doesn't continue this behavior. We picture in our mind our cat urinating outside of the box while continuing to feel frustrated. Our animal family picks up on our intuitive thoughts whether we want them to or not.

Your cat has now 'seen' the picture you were thinking of without any way to know this is *not* what you want him to do. Instead, you can send pictures of him using his litter box and receiving praise from you.

Animals can't differentiate whether the things we are picturing are a 'yes' or a 'no'.

Most likely there is an underlying issue causing the behavior and that's when you can reach out to an animal communicator to dive a bit deeper, or even learn to communicate with your animal by taking an animal communication class yourself.

Destructive behavior

Here is another example of how our thoughts can affect our animal's behavior. Let's say your dog loves to chew up dog beds. You are at your wits end! When you leave the house you think, 'I really hope she doesn't chew up that new bed I just bought' and see a picture in your mind of her happily destroying the bed.

So, you guessed it, that is exactly what your dog just picked up from you. 'Oh', she thinks, 'Mom just showed me a picture of me chewing up the new bed. I guess that's what I should do'.

Instead, you can send her a picture of her lying quietly on the bed and the bed fully intact when you return home and walk through the door. You can also show her the praise she'll receive from you when you see the bed just like new.

When you are gone from home

If you're like my clients you're concerned about leaving your animal companions for any length of time. This is an ideal time to put your natural intuitive abilities to work!

You're beginning to see how your thoughts impact your animals. We can help them with this simple exercise.



First, talk with them - don't try to hide the fact that you're leaving. They already know what is going on. They don't know the details or when you are going to return which may cause some emotional discomfort. You can talk to them out loud or by thinking the thoughts in your head.

For example, let's say you're going on a week long vacation and have a pet sitter coming to your home to care for your dog Ellie. You can begin by explaining to Ellie that she can't go with you because you are traveling on a plane and staying where pets are not allowed.

You can let her know that her beloved pet sitter, Susan, will be coming to care for her. You have Susan scheduled to come four visits per day. Picture Susan coming into your home in the morning and greeting Ellie and then all of the activities they do together during that visit.

Show Ellie that Susan will be coming four times each day while you're gone. Simply picture the interaction between the two of them and send those thoughts to Ellie. This can help her by knowing who is coming, and when, and what they'll be doing together.

Next, picture seven sunrises and seven sunsets, helping Ellie to see you will be gone for seven days. Let her know you will be thinking of her and sending her love even while you are not physically with her, and that she can do the same.

Then, picture in your mind the grand reunion you will have at the end of those seven days. Be specific. Feel in your heart what that will feel like when you walk through the door and greet each other.

This easy way of talking to your animal companion can be used anytime you leave the house.

I hope you can see how simple, yet vital, this can be to help improve our animal friends' lives by just connecting with them.

Thank you...

One of my favorite quotes is on the next page, as it truly speaks to how I feel in my heart. When you begin to communicate with your animal family in a new way through telepathy, a whole new world will open up for you. I hear from every one of my students that this is a life changing journey! My wish for you is that you'll be inspired to open your heart and soul to animal communication.



"Animals are not just living things. They are beings with lives. Unique individuals with personality traits, emotional profiles, and a library of knowledge built on experience.

WHAT YOU ARE WITNESSING IS NOT JUST BIOLOGY, BUT A BIOGRAPHY"

Charles Littleleaf



animal
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From my heart, I thank you for wanting to improve your animal's life by deepening your connection and learning their language.

This is my passion! Animals are my heart and soul, my world. My love and respect for them grows each time I have the honor of connecting with them from an intuitive space.

I'm truly grateful to have you along on this journey with me and to be part of the Animal Soul Connection family.

If you have any questions on what you learned in this eBook, or wonder how an animal communication session could benefit you and your animal companion, I invite you to schedule a complimentary 20 minute call together. No pressure, no strings...I would simply love to learn more about you and your animal family! This is not available on my website so please email me to schedule our time: alison@animalsoulconnection.com

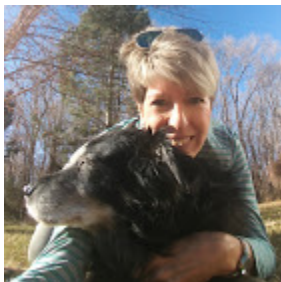
My mission is to help guide you and support you however I can.

Are you ready to gain clarity and peace of mind with one of your animal companions? To schedule an animal communication session with me, please go to my website: <https://www.animalsoulconnection.com/schedule-animal-communication>



I invite you to join my exclusive community, *Animal Soul Connection Circle*. You can learn all about this fun and supportive opportunity to deepen your connection with your animal family here: www.animalsoulconnection.net

Sending you and your animal family many blessings, much love and gratitude~ Alison



“Until one has loved an animal, a part of one’s soul remains unawakened” Anatole France

